



ASIST

Applied Suicide Intervention Skills Training

Applied Suicide Intervention Skills Training (ASIST) is a two-day workshop designed for all community members. This training will enhance a person's ability to assist a person at risk of suicide.

Valley City, ND

September 24 & 25, 2019

8:30am-4:30pm Both Days

This Training is free but preregistration is required.

To register go to: <https://firstlink.regfox.com/asist-vc-919>

Participants will be better able to:

- Identify people who have thoughts of suicide
- Understand how beliefs and attitudes can affect suicide interventions
- Reduce barriers which hinder the ability to be direct and comfortable with suicidal situations
- Understand a person at risk's story and recognize turning points that connect the person to life
- Conduct a safety assessment and develop a plan that will keep the person at risk safe-for-now
- Engage in building resource networks for individuals at risk of suicide

Questions?

Contact Ashley: ashleyle@myfirstlink.org or call 701-293-6462

CEUs available for ND Nurses, Law Enforcement, EMS, and Social Work
(including 12 Regular and 1 Ethics credit for ND Social Workers)

Training provided by:

