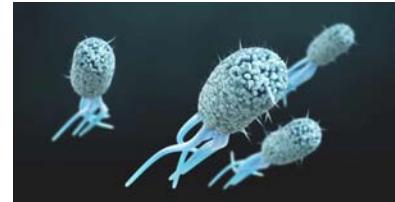


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## Mercy Hospital Infection Connection: June 2018

**Susan Kringlie, Infection Preventionist**



## Nightmare Bacteria: What are they, and what can I do?

Perhaps you've heard about drug-resistant "Superbugs" in the news. These new threats we are facing now are called "Nightmare Bacteria." Some of these germs include: Vancomycin-resistant *Staphylococcus aureus* (VRSA), [Candida auris](#), and carbapenem-resistant Enterobacteriaceae ([CRE](#)). Nightmare bacteria are resistant to all antibiotic treatments and can share their genes for resistance with other germs. When bacteria do not respond to antibiotics, it makes them extremely hard to treat. A recent report from the Centers for Disease Control and Prevention (CDC), counted more than 200 cases of nightmare bacterial infections in 2017. In order to get sick from nightmare bacteria, a person must be exposed to it. Nightmare bacteria are more likely to occur in healthcare settings, so patients with indwelling devices, such as catheters, tubes, or drains, may be most vulnerable.

### How do we wake up from this nightmare?

Wash your hands often. Be mindful of what your hands are touching. Hand hygiene is the best way to prevent the spread of infection. If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60 percent alcohol. Alcohol-based hand sanitizers can quickly reduce the number of germs on hands in some situations, but sanitizers do not eliminate all types of germs.

It is possible for antibiotic resistance to spread between people, between facilities, and between germs. Hospitals and other healthcare environments should work with labs to rapidly identify and contain these germs, as well as improve infection prevention practices within their facilities.

#### Additional resources

[APIC—Hand Hygiene and Antimicrobial Stewardship](#)  
[APIC—The ABCs of Antibiotics](#)  
[APIC—Infection Prevention Basics](#)  
[APIC—Protect your Patients](#)

Patients and their families can take these steps to protect themselves from infection in a healthcare facility:

1. Keep hands clean by washing with soap and water or using alcohol-based hand rubs.
  2. Ask others to perform hand hygiene prior to touching you or your environment.
  3. Tell your healthcare provider if you recently received care in another country or facility.
  4. Discuss with your healthcare provider how you can take a more active role in preventing your risk for infection, especially with chronic conditions.
- Learn the ABCs of antibiotics. Knowing when antibiotics are appropriate can help stop the spread of antibiotic resistant germs. [www.apic.org/ABCs-of-Antibiotics](http://www.apic.org/ABCs-of-Antibiotics)

### What to do if you get sick from Nightmare Bacteria?

1. Take medication exactly as prescribed by your healthcare provider.
2. Only take medication prescribed to you; don't share or use leftover antibiotics.
3. Don't ask for antibiotics – your healthcare provider will prescribe them if they're needed..

Infection prevention is everybody's business. Learn the [infection prevention basics](#) for patients and families to prevent the spread of germs. It is also important for healthcare professionals to [protect their patients](#).



#### Additional resources

[APIC—Candida auris](#)  
[APIC—CRE The Nightmare Bacteria](#)  
[The CDC—Containing Unusual Resistance](#)  
[WHO—Antimicrobial Resistance](#)

# Kronos Schedule:

## Kronos 8.0 Update

**June 11-15<sup>th</sup>**



**Monday** – *make sure all time cards are correct and up to date.*

**Tuesday – Wednesday – Thursday**  
**> CONTINUE to punch at the Clock –**  
**there will be no attestation if you have a**  
**cancelled meal submit an edit log**

**Friday** > *system back up – make sure all time card edits have been submitted*



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## RECOGNITION!!!



### CHI Mercy Health CRP Committee Honors

**Kelly Larson**

In Recognition of Your Continued Commitment to  
Catholic Health Initiatives Core Values of

- Reverence
- Integrity
- Compassion
- Excellence

and for Promoting a Culture of Ethical Behavior  
Consistent with the Purpose of the  
Corporate Responsibility Program.

**We Appreciate You.**



Hi Keith,

Thank you very  
much to you  
and the rest of  
CHI Mercy Health  
for this CRP award.  
I greatly appreciate it.

What an honor!

Have a wonderful day!

Kelly Larson  
Clinical Informaticist  
RN, BSN

*Thank You!*

## Behaviors of Excellence

**June 2018**

**See the Display in  
the Front Lobby  
Before You Speak  
THINK!**



## CHI Mercy Health Safety Rounding Topic

### STAR-Self Checking

The most effective way to avoid omitting a routine step (slip or a lapse). It takes only seconds to reduce the probability of making an error by a factor of 10 or more!

- ☐ **Stop** - pause for 1 to 2 seconds to focus attention on task at hand
- ☐ **Think** - visualize the act and think about what is to be done
- ☐ **Act** - concentrate and perform the task
- ☐ **Review** - check for the desired result

**TIP:** STAR is an easy method to apply: use STAR during actions performed often such as, turning on the O2 tank for a patient transferring units. Also try using STAR at home for the things you forget such as where are my keys or glasses? Did I lock the front door or unplug the iron?

**Remember** you must perform an action or behavior 21-30 times before it becomes a habit - stick with it!

## CHI Mercy Health Website

<https://www.mercyhospitalvalleycity.org/>





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# JUNE BIRTHDAYS

*Martha King– June 1*

*Natalie Spitzer - June 2*

*Mike Martinson - June 4*

*Kristi Schneider - June 6*

*Andrea Rall - June 29*



# "The Voice of the Patient"

During the HCAHPS interview, our patients are asked if they would like to see a specific employee congratulated or thanked for the care he or she provided during the visit.

Here are some of their responses received from **Med/Surg Patients**

"I just like to comment all the nurses in my time to stay they were real good to me and I went to stay in other places, which was different. This place they did real good job, I was really happy and I can't say names because I don't remember names well. That's all I have to say."

"I would like to commend Pattie and Marsha as being outstanding nursing assistants and their [indiscernible] sense of humor, skill and help us, they are totally, they are not and after all they are wonderful. And I just want to take note of that. Thank you."

All the nurses in the second floor did a very good towards me. Anytime I had questions they were there to answer. They were there whenever I needed help. I think they all did well. That's it.

Well there was Mersa and I don't know any of the other girls by their names right off hand that I can think of but everyone of them were very wonderful and they've taken care of me over the years whenever I've been in the hospital and they always treat me with great respect and kindness and they are just a wonderful bunch of gals. Well, like I said the goodness of the [indiscernible] she is a joy to be seen and hear her voice when you come in.

"There is one nurse she is like my personal assistant nurse, Melinda Hoff without a doubt and one of the best nurses of all the years, I've ever been in the hospital. I'd like to recommend her for anything [indiscernible]. Thank you."

Hats off to a  
job Well Done!





*June 8, 2018*

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Please join the Innovation in Action team for an

# Employee Potluck

**June 20th**  
11:30 A.M.—1:00 P.M.  
in the Cafeteria

**We will be accepting donations for the local Kids  
Backpack Food Program**

Upcoming Events

**June 8, 2018**

## We are excited to announce the formulation of the **CHI Mercy Health Culture Club!!!**

**Let's face it: it was a brutal winter and now we all want to get out of the winter doldrums and into some fun activities, especially at work!!**

**WE NEED YOU to join forces and work together to continue to make CHI Mercy Health the workplace of choice in Valley City please let me know!**

**Meeting to plan 2018 Hospital Picnic on  
August 7, 2018**

**Meeting Date: June 27, 2018**

**Karma, Karma, Karma, Karma, Karma  
CHI Mercy Health Employee's!!**



**Upcoming Events**



**June 8, 2018**

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## THE CHI MERCY HEALTH WELLNESS COMMITTEE PRESENTS:

### DANCE AND CREATIVE MOVEMENT WITH INSTRUCTOR MICAIAH LAUSCHE

**When:** Thursday, June 14  
11:30am—noon

**Where:** HEC

**Who:** All are welcome to try this free creative movement and dance class—wear comfortable clothing to move!

**Questions?** Contact Steph M ext 6557

**Upcoming Events**

**June 8, 2018**

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# Within My Reach Relationship Series



**Catholic  
Health  
Initiatives**  
*Imagine better health.™*

Join us for a **Relationship Revolution** as we explore key tools for creating and maintaining healthy relationships! Singles and individuals in relationships are invited to explore social influences that impact relationships and ultimately, increase relationship satisfaction with partners, children, friends and others.

⇒ Flexible ⇒ Fun ⇒ Interactive

**When:** June 12, 14, 19, & 21  
5:30 – 8:00 pm (meal provided)

**Where:** Faith Lutheran Church  
Fellowship Hall  
309 4<sup>th</sup> St. NE  
Valley City, ND 58072

**Cost:** \*FREE

**Register:** Call 701-845-6557 or email:  
[stephaniemayfield@catholichealth.net](mailto:stephaniemayfield@catholichealth.net)

**Facilitator:** Naomi Koch

Participants attending this series are eligible for a \$15/unit completion stipend; for participants that attend all 8 units that equates to \$120. Stipends are provided to encourage participation in WMR workshops by eliminating barriers like at home child care and transportation expense. Stipends are only available for those who haven't previously attended WMR workshops. If you receive income-based services, please check with your agency contact to determine if a stipend would affect eligibility.

Upcoming  
Events



**June 8, 2018**

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# CHI MERCY HEALTH PRE-SENTS: BACK TO SCHOOL RUM- MAGE SALE

**HOSPITAL STAFF ARE DONATING RUMMAGE SALE ITEMS TO RAISE MONEY FOR THE PAIN MANAGEMENT DEPART-**



## THESE ITEMS WILL NOT BE ACCEPTED:

- Appliances—including Cooktops, Drop-Ins, Wall Mounts, Sinks, Microwaves
- Carpet Padding or Carpet Remnants
- Copy Machines—All
- Computer s/Monitors
- Flammable Liquids
- Hazardous Waste —Household Chemicals
- Hot Tubs and Covers
- Lawn Mowers with Gas Still in Them
- Outdated Children's Items (car seats, etc)
- Outdated Electronics
- Scrap Paper / Used Greeting Cards
- Scrap Wood/ Metal
- Smoking or Drug Paraphernalia
- Snow Blowers with Gas Still in Them
- Stoves (Gas)
- Tires
- Trash Compactors
- TV Antennas (Outdoor), Satellite Dishes
- Television Sets
- Water Beds, standard beds and box springs

Upcoming Events