

Imagine better health.™

# CHI MERCY HEALTH NEWS



### June 2017

### Mercy Hospital Infection Connection: June 2017

**Susan Kringlie, Infection Preventionist** 



Cute, fluffy, and full of bacteria? The truth about poultry...

Soft, fluffy chicks are practically synonymous with spring. With their downy feathers, chicks seem like great cuddling companions, but caution must be taken to prevent infection. Many human illnesses can be acquired through contact with live poultry (including chickens, ducks, geese, and turkeys), even when the birds do not appear to be ill. Therefore, it is important to learn how to prevent infection while handling these birds.

#### What infections are associated with live poultry?

Several infections may be picked up through contact or close proximity with live poultry including avian influenza or "bird flu," botulism, *Escherichia coli (E. coli)*, West Nile virus (WNV), and *Salmonella*. These infections may lead to a range of illnesses from minor skin infections to much more serious issues that can result in death.

All live poultry can carry and transmit *Salmonella*, even when the birds appear healthy. According to the CDC, "Live poultry might have *Salmonella* germs in their droppings and on their bodies (feathers, feet, and beaks), even when they appear healthy and clean." *Salmonella* causes fever, diarrhea, vomiting, and abdominal cramps.

#### How can these infections be prevented?

The best way to prevent any infection is by keeping your hands clean!! Immediately after touching food or water dishes, and cleaning cages, you should clean your hands. Using soap and running water is best, but hand sanitizer may be used instead. Make sure your hand sanitizer contains at least 60 percent alcohol.



Keep your hands—and the birds—away from your mouth. This means no kissing or snuggling near your mouth. Be sure to clean your hands before eating or drinking, and after touching poultry or any items where the birds live. The CDC says, "Don't let live poultry inside the house, especially in areas where food or drink is prepared, served, or stored."

Reference: apic.org, CDC.gov

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**Cindy Fischer, CHC**Corporate Responsibility Officer
Fargo Division Office

### CRP Article

### Contact with Government and Regulatory Agencies

If you have an emergency situation involving government actions, investigations, or compliance issues (e.g. search warrant,

personal contact with government agents, telephone inquiry, etc.) do the following:

Immediately contact the persons listed below, in the order given, until you reach one of them:

- Local Corporate Responsibility Officer (CRO), Cindy Fischer at 701-237-8175
- Manager or senior leader on call
- National CRO (303-383-2730)
- CHI legal services group member (701-237-8030)
- CHI Ethics at Work Line (1-800-261-5607)

If a government agent asks to speak with you, you may volunteer to talk with the agent but are not required to do so. Do not feel pressured to talk with an agent without first contacting one of the individuals listed above. You may ask to have a representative or legal counsel from CHI or your local organization attend any interview with an agent.

For more information about this, please contact your local CRO or refer to the Government Contact Protocol <u>page</u> on Inside CHI.

# EMPLOYEE SPOTLIGHT

Our Employee Spotlight focus for June is Jody Haugen.

Here is a little peek into some interesting and fun facts about one of our spectacular ER nurses!

Did you know?

- \*Jody has been a nurse for nearly 24 years. She has been married for 23 glorious years to her husband, Dennis, and together they have 4 terrific kids: Andy, Mike, Erin, and Abby.
- \*Jody LOVES to travel, read, play piano, and create incredible things from PINTEREST!
- \*Jody's favorite thing to do is to spend time with her family, ESPECIALLY if it includes traveling somewhere!
- \*Jody's personal motto is "Be a FRUIT LOOP in a world full of CHEERIOS." HEE HEE, (she writes)
- \*Jody's favorite aspect of her role here at CHI Mercy Health is that she loves the unpredictable nature of the ER and the diverse patient population.



- \*Jody cannot pick out a best book from her reading list as she reads way too much to pick just one. THERE ARE TOO MANY!
- \*Jody was asked to tell us something about herself that would surprise us and that is DEEP DOWN she is a fairly reserved person. REALLY. TRUE STORY (in her words.)
- \*Jody's hidden talent is that she can play a MEAN PIANO!

THANK YOU JODY FOR BEING AN INTEGRAL PART OF OUR
CHI MERCY HEALTH FAMILY!







### Win a Fitbit Alta!!



done more effectively if we are

thoughtful and respectful

All staff who turn in log sheets in June will be in a drawing for a Fitbit Alta. Keep logging your steps!

June Behavior Focus

presented by

Pharmacy & Dielary

And, remember, you may use activities from ALL family members!

"Travel the World Through Movement"

Wellness Activity for ALL Hospital Staff and Families

14 Countries...27,178 miles...57,402,048 steps

Help us reach our next goal . . . Ireland

Celebrate reaching each destination with a sampling of food from that country! Yummy!

Sponsored by CHI Mercy Health Morey Hospital Wellness Team



## Look who has joined our team!





# Welcome to CHI Mercy Health



